

# Meadows Running Club 2015-2016



We are so excited you are interested in joining the Meadows Running Club! We hope this will be a great experience for all. There are a few guidelines for good sportsmanship that we would like to agree upon before you can get started.

**Good sportsmanship** is about playing by the rules, discipline, respect, and self control. A good sport has fun because they enjoy playing the sport more than the final outcome. Running Club is a team. We are not competing against one another.

- \* Show respect for yourself by treating others the way you want to be treated.
- \* Respect the parents that are there to make running club happen
- \* Follow the rules of the school at all times
- \* Always be fair and honest
- \* Offer encouragement to your friends and running mates
- \* No pouting, no gloating, no rubbing it in. We are all here to have fun!

**Please sign and return with your permission slip:**

Childs Name \_\_\_\_\_

Childs Signature \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_